

# Sam St.Aubyn

## HOW TO FIND YOUR RING SIZE

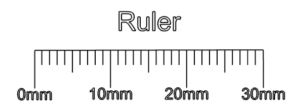
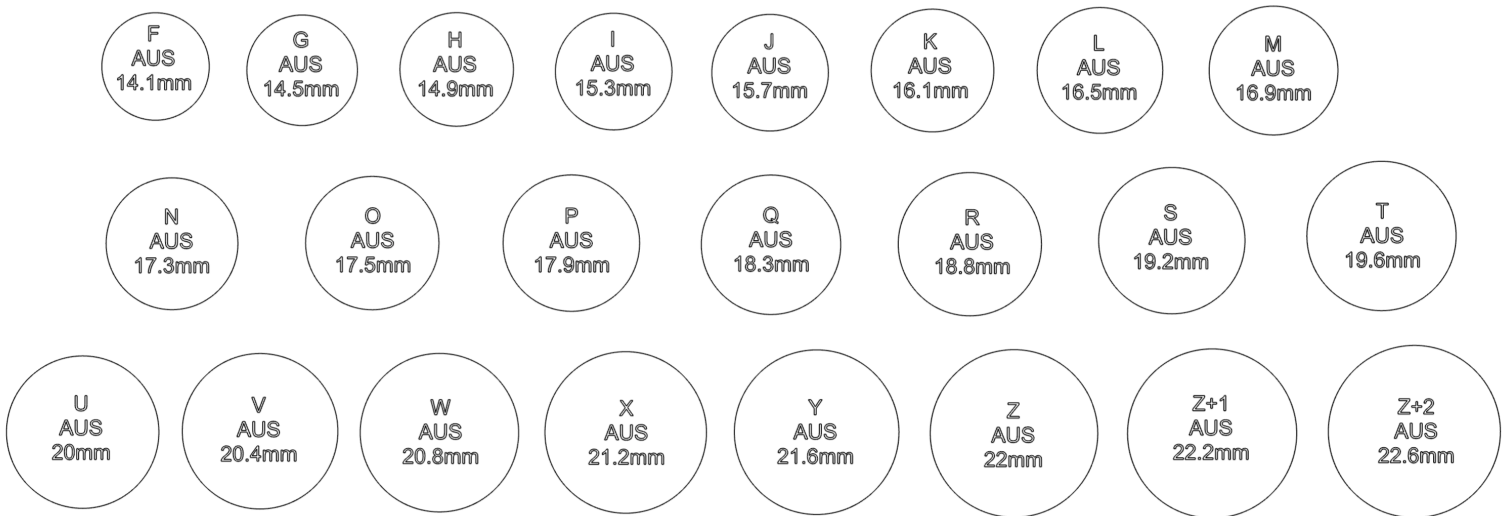
### STEP 1

Print this sheet on A4 paper at 100% (1:1) scaling.

Once printed, measure the ruler below - it should be exactly 30mm.

### STEP 2

Slide an existing ring over the circles below to find the matching size.



### DON'T HAVE A PRINTER?

If you do not have a printer and are using an existing ring to measure against the circles on your computer screen, use the zoom feature to ensure the ruler is true to size.

### DON'T HAVE A RING?

- Wrap a measuring tape around your finger (or tie a piece of string/wire, mark the length, then measure in millimetres).
- Measure a few times to ensure a more accurate sizing, then use the following chart to find your size.

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## Ring Size Chart

### THINGS TO CONSIDER:

- If measuring in cool weather, allow some spin/movement for warmer weather when your finger swells in size.
- If measuring in warm weather, measure a snug to tight fit for when the weather cools down,

Ring Size	Diameter (mm)	Circumference (mm)
F	14.1	44.3
G	14.5	45.6
H	14.9	46.8
I	15.3	48.0
J	15.7	49.3
K	16.1	50.6
L	16.5	51.9
M	16.9	53.1
N	17.3	54.4
O	17.5	55.0
P	17.9	56.3
Q	18.3	57.5
R	18.8	59.1
S	19.2	60.3
T	19.6	61.6
U	20.0	62.9
V	20.4	64.1
W	20.8	65.4
X	21.2	66.6
Y	21.6	67.9
Z	22.0	69.1
Z+1	22.2	69.8
Z+2	22.6	71.0